

# Sarva 141

## Summer Timetable 2010

**Monday 19<sup>th</sup> July**

**Pregnancy Class**, 6-7:15pm, with Sheila £12

**General Class**, 7:30-9:30pm with Sheila £12

**Tuesday 20<sup>th</sup> July**

**General Class**, 10-12pm, with Sara £12

**Older & Stiffer**, 12:30-1:45pm, with Sheila £8

**Wednesday 21<sup>st</sup> July**

**General Class**, 6:30-8pm, with Ally £10

**Monday 26<sup>th</sup> July**

**Pregnancy Class**, 6-7:15pm, with Sheila £12

**General Class**, 7:30-9:30pm with Sheila £12

**Tuesday 27<sup>th</sup> July**

**General Class**, 10-12pm, with Sheila £12

**Older & Stiffer**, 12:30-1:45pm, with Sheila £8

**Wednesday 28<sup>th</sup> July**

**General Class**, 6:30-8pm, with Ally £10

**Monday 23<sup>rd</sup> August**

**General Class**, 7:30-9:30pm with Sheila £12

**Tuesday 24<sup>th</sup> August**

**General Class**, 10-12pm, with Sara £12

**Wednesday 25<sup>th</sup> August**

**General Class**, 6:30-8:30pm, with Sheila £12

**PLEASE NOTE: Sarva will be CLOSED:**

**29<sup>th</sup> JULY - 20<sup>th</sup> AUGUST 2010**

Name:

Phone Number:

I enclose a payment for £\_\_\_\_\_

(payable to 'Sheila Haswell Yoga')

Please book my space - payment to follow

01494 521107 / enquiries@sarva.co.uk / [www.sarva.co.uk](http://www.sarva.co.uk)