

Summer Workshops With Sheila Haswell

Inversions Workshop

Sunday 29th August 2010

General Level 10am-12.30pm

£25 members / £30 non-members

Recuperative Workshop

Sunday 29th August 2010

General Level 1.30pm-4pm

£25 members / £30 non-members

**Special Cost for attending both:
£45 members/£55 non-members**

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Please tick and complete information in full

**Inversions Workshop**

**Recuperative Workshop**

Name in full:.....

Phone number:.....

I enclose a payment for £\_\_\_\_ cash/chq

Cheques made payable to 'Sheila Haswell Yoga'

Please book my space - payment to

follow

Date: